

Free Barrhaven Cycling Presentation

For the new and experienced cyclist!

Thursday, May 24, 2012
7pm-8pm

Ruth E. Dickinson branch
Ottawa Public Library
100 Malvern Dr.



Free to attend!

For more information visit:



www.biketoworkottawa.com



www.veloboulotottawa.com

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Kick off the spring season by
biking to work for fun, fitness
and financial freedom.



Presented by CAN-BIKE Ottawa

Topics include:

- ✓ Lane positioning and visibility
- ✓ Communicating with drivers
- ✓ Route planning and efficient ways to navigate the city
- ✓ Safe and secure bike parking
- ✓ A quick guide to “gear” for the commuter cyclist
- ✓ General tips for safe cycling



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